

Healthy Start Supplement: Community-Based Doulas

Healthy Start TA & Support Center Resources Overview

1:1 Technical Assistance

The Healthy Start TA & Support Center (TASC) offers individualized technical assistance (TA) to grantees. This 1:1 TA provides tailored, in-depth support and guidance to an individual grantee or group of grantees, with an eye toward practical application of evidence-based practices targeting Healthy Start performance measures. Individualized TA is offered by TASC Subject Matter Experts and addresses specific needs and gaps identified by grantees, Project Officers, needs assessments, performance monitoring, and program evaluation. TASC plans to work with Subject Matter Experts in the doula field to provide grantees with support around doula care and coordination. To learn more about the TASC's 1:1 TA and to request TA, [please click here](#).

CoLab

CoLab is an online community where Healthy Start staff from all over the country can connect with one another, and ask questions, discuss their successes and challenges, and share resources. CoLab consists of a main feed where members can interact with each other by posting and commenting on each other's posts. CoLab also includes closed groups, including the new Doula Supplement group, which are tied to specific training and capacity building assistance activities such as Cohorts and Learning Academies. These closed groups allow grantees to post content and engage with others working on similar activities in a designated location. All Project Directors that received the Doula Supplement will be added to the group. To request a CoLab account for any additional staff members involved in this project, please email healthystart@nichq.org.

Networking Café at the 2021 Virtual Grantees' Meeting

During the 2021 Healthy Start Virtual Grantees' Meeting there will be a Community-Based Doula Supplement Networking Café on **Thursday, November 4 from 2-2:55 p.m.** Networking Cafés are informal lunchtime sessions, where Healthy Start staff can come together and share their experiences, challenges, and strategies around a specific topic. These are optional sessions; however, we strongly encourage you to attend to connect with and learn from your peers. **To register for the Virtual Grantees' Meeting, [please click here](#).**

EPIC Center Website Resources

[Maternal Mortality and Morbidity CIGNAL Webinar](#): During the Change Ideas to Grow, Nurture, and Lift Ideas (CIGNAL) for webinar focused on maternal mortality and morbidity (MMM), presenters reviewed the maternal health continuum of care, discussed challenges that the grantees are facing in addressing maternal MMM, and explored potential strategies to reduce MMM.

[Male Doula Webinar](#) & [Fatherhood Talk Tuesday Male Doula Webinar](#): Meloney Baty, Project Director of South Phoenix Healthy Start, shared her project's journey working with doulas and how they are redefining the role of fathers in maternal care by incorporating male doulas into the Healthy Start model.

[Ask the Expert: Using Doulas as a Resources for Case Management Webinar](#): Jeretha McKinley and Rachel Abramson of Health Connect One presented on their community-based doula program and focused on how these programs can help achieve case management goals. The objectives of this webinar were: to identify important functions of case management; to identify positive outcomes of community-based doula programs; and to describe how community-based doula programs fulfill case management objectives.

[The Tampa Bay Doula Program Overview](#): The Association of Maternal & Child Health Programs (AMCHP) created a brief document sharing best practices and lessons learned from the Tampa Bay Doula Program.