

Healthy Start Quality Improvement (QI) Learning Academy  
Session 3: April 16, 2021

*Individual Worksheet #1*

***Aim: What do we intend to accomplish?***

1. What do you dream of doing?
2. For whom: Who will benefit most?
3. How long will this take; by when do you want to see improvement?
4. How much improvement?
5. How will you know things are better, how will you know if you are surviving or thriving?

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### *Breakout Worksheet #1*

In groups of four, you have 20 minutes:

1. Introduce yourselves.
2. Discuss:
  - Think about an aspect of your work at Healthy Start that you care most about.
  - If you had to pick a few measures or ways to show you were improving services in this area – what would you select?
3. Prepare to share a couple of examples when you return.

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### *Individual Worksheet #2*

*For 7 minutes, create a family of measures.*

**Outcome:** What matters most to your clients, what do they care about?

- Select a couple of things you want to measure.

**Process:** What needs to happen to make this real?

- Select a couple of things to measure that would help you understand whether you are doing things to make what your clients want happen.

**Balancing:** Is there any unintentional harm; robbing Peter to pay Paul?

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*Breakout Worksheet #2*

In groups of three, you have 15 minutes:

1. Review your AIM/dream statement.
2. Share what you might measure.

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*Breakout Worksheet #3*

*In groups of four, for 7 minutes discuss:*

**What are you learning that you might apply at your Healthy Start site in this workshop series so far?**