



Healthy Start Virtual Grantees' Meeting

Day 2 Wrap-up

Kenn L. Harris, NICHQ

June 25, 2020



Thank you, Healthy Start Grantees' Meeting Planning Committee!



- Benita Baker, Cardora Barnes, Mary Emanuele, Vanessa Lee – MCHB/DHSPS
- Deborah Frazier and Sheree Keitt – NHSA
- McClain Sampson and Eulalia Gillum – University of Houston Healthy Start
- Mary Alice Garay – Ben Archer Healthy Start
- Dianne Browne – Camden Healthy Start
- Cynthia Dean – Missouri Bootheel Regional Consortium
- Yvonne Beasley – Healthy Start at Marion County Health Department
- Moraya Moini – Strong Start Initiative LA County Healthy Start
- Lisa Matthews – Cleveland MomsFirst

Virtual Grantees' Meeting Evaluation Survey



- Please take 5 minutes to complete the **Day 2 Evaluation Survey**
- To access the survey:
 - Visit <https://bit.ly/VGMDay2>
 - Or scan the QR code



We Look Forward to Seeing You Tomorrow for Day 3!



- **11:30 a.m.-12 p.m. EST:** Optional Movement & Meditation Session
- **12 p.m. EST:** Grants Management Plenary
- Plenaries on Maternal Health, Fatherhood, and more!
- Lunch Networking Cafés on maternal mortality, father engagement, and more!
- Healthy Start Town Hall/Q&A
- Visit HealthyStartEpic.org to view the full agenda

HEALTHY
start

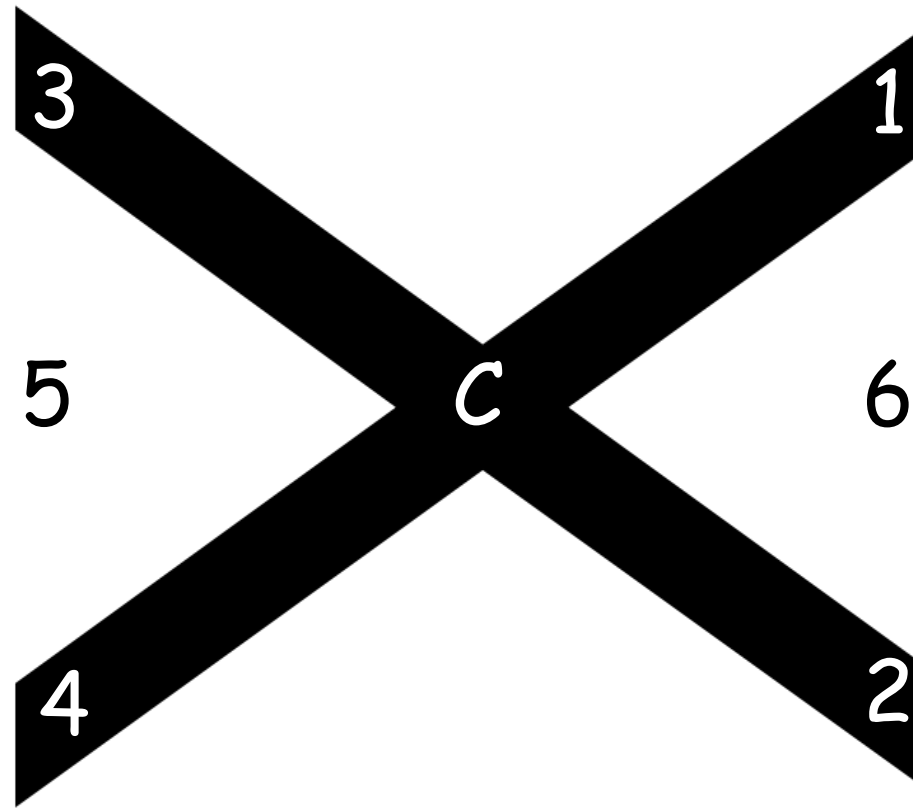


“Thursday’s Groove”

Learn the Healthy Start DANCE



Start by placing an big "X" in the floor or imagining one in your mind!...This way, you'll remember seven points of where all of the steps will land!



Step-right front corner (right foot)
Step-touch (left foot) to right front corner
Step-back center (left foot)
Step-touch back to center (right foot)

Step-right back corner (right foot)
Step-touch (left foot) to right back corner
Step-back center (left foot)
Step-touch back to center (right foot)

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Step-touch (right foot) to left back corner
Step-back center (right foot)
Step-touch back to center (left foot)

Step left side (left foot)
Step-touch (right foot) to left side
Step back center (right foot)
Step-touch back to center (left foot)

Step right side (right foot)
Step-touch (left foot) to right side
Step back center (left foot)
Step-touch back to center (right foot)

REPEAT LEFT AND RIGHT SIDE STEPS

Circle to the right (feet together)
Circle to the left (feet together)

REPEAT FROM TOP

Instructions: Start with both feet in the center of the "X". Keep in mind that the steps are what is called "step-touch":

Left front
corner

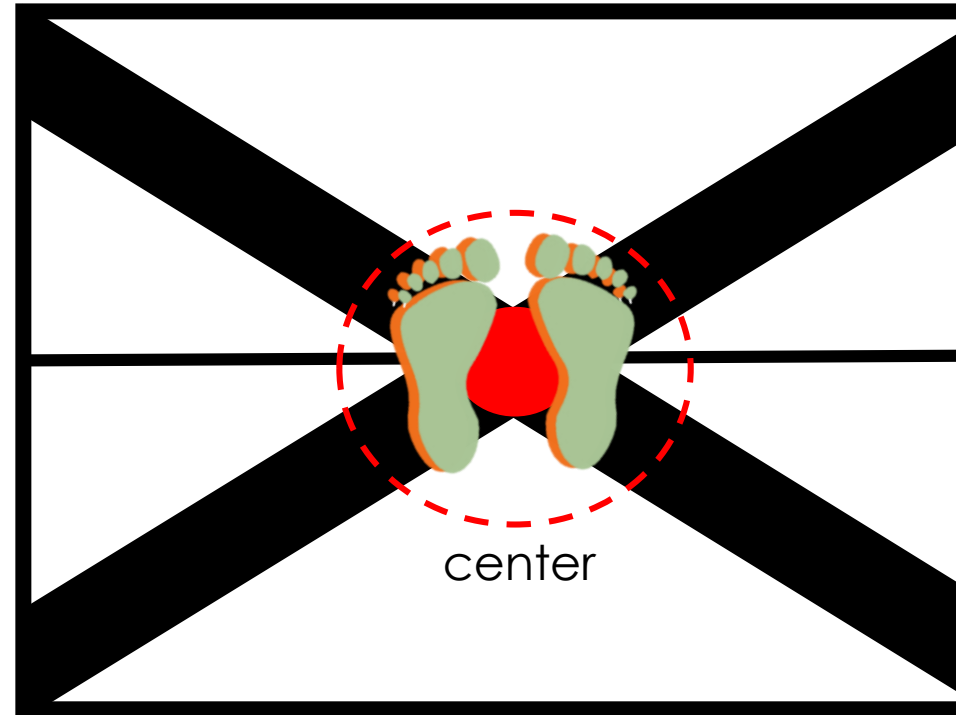
Right front
corner

Left side
step

Right side
step

Left back
corner

Right back
corner



Step-right front corner (right foot)
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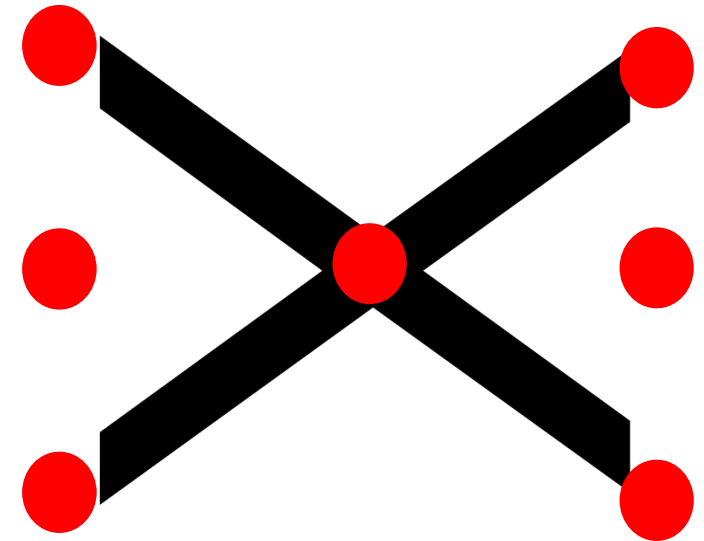
REPEAT LEFT AND RIGHT SIDE STEPS

Circle to the right (feet together)
Circle to the left (feet together)

REPEAT FROM TOP

Cool Groovy Beat

Click on Ricky's chest to start music



Thank you!

