

## 2017 DC, MD & NJ Healthy Start Regional Meeting Agenda

5600 Fishers Lane Building  
Rockville, MD

**August 3-4, 2017**

### Meeting Purpose:

The purpose of the meeting is to convene the Healthy Start grantees in the District of Columbia (DC), Maryland, and New Jersey and their maternal and child health partners to promote the Healthy Start program priorities and increase collaboration to improve perinatal health outcomes in their communities.

### Day 1, August 3, 2017, Thursday

#### Focus on Program Elements

9:00AM	<b>Welcome and Introductions</b> <ul style="list-style-type: none"> <li>This session will allow meeting attendees to introduce themselves.</li> </ul>	Joy Twesigye, Baltimore Healthy Start  <b>Room 5W37</b>
9:10	<b>Meeting Purpose and Logistics</b> <b>Division of Healthy Start &amp; Perinatal Services (DHSPS) &amp; Healthy Start</b> <ul style="list-style-type: none"> <li><i>This session will provide an update and review of the Healthy Start standardized screening tools, national evaluation information, and other important Division updates.</i></li> </ul> <b>EPIC Center Updates</b> <ul style="list-style-type: none"> <li><i>This session will provide a brief update regarding on-going activities and new initiatives.</i></li> </ul>	Christopher Lim, Division of Healthy Start and Perinatal Services (DHSPS) Aisha Moore, EPIC Center  <b>Room 5W37</b>
9:40	<b>Healthy Start Performance Measures and National Evaluation</b> <ul style="list-style-type: none"> <li><i>Present Healthy Start performance measure updates.</i></li> <li><i>Share Healthy Start National Evaluation updates</i></li> <li><i>Conduct open discussion, on both topics</i></li> </ul>	Jillian Maccini, EPIC Center Robert Windom and Christopher Lim, DHSPS  <b>Room 5W37</b>
10:30	<b>Title V Presentation</b> <i>This session will feature a short presentation of Title V from the States represented at the meeting. The speakers will touch on the following:</i> <ul style="list-style-type: none"> <li><i>Progress on Infant Mortality CollN strategy areas selected for your state;</i></li> <li><i>Brief overview of the six MCH population domains and the NPMs your state selected to prioritize;</i></li> <li><i>Brief overview of the State Performance Measures your state established to address the identified priority needs, to the extent that they were not addressed by the NPMs;</i></li> <li><i>Description of the process used for identifying/selecting the State-Initiated Evidence-Based or Evidence-Informed Strategy Measures (ESMs) and the activities that will be implemented to support its</i></li> </ul>	<b>Title V Representative(s):</b> MD: Stacey Little DC: Djinge Lindsay  <b>MCH Regional Consultants</b> Shirley Smith Jennifer O'Brien Kate Marcell  <b>Room 5W37</b>

	<p><i>progress and how they will be operationalized; and</i></p> <ul style="list-style-type: none"> <li>• <i>The shared state strategies/performance measures, how they directly align to working with HS to provide data, and other opportunities to collaborate</i></li> </ul>	
11:00	<p><b>Healthy Start CollIN Status Update/ Question and Answer</b></p> <ul style="list-style-type: none"> <li>• <i>Members of the Healthy Start CollIN will provide an update on latest CollIN efforts.</i></li> <li>• <i>Present CollIN priorities for the coming months.</i></li> </ul>	<p>Dianne Browne, Camden Healthy Start JoAnn Smith, DC Healthy Start</p> <p><b>Room 5W37</b></p>
1:00	<p><b>Health Equity: Regional HS Direct Efforts</b></p> <ul style="list-style-type: none"> <li>• <i>This session will be an opportunity for grantees to share their program's activities addressing Health Equity in a round table discussion.</i></li> </ul>	<p>All Healthy Start Grantees <b>Moderator:</b> Joy Twesigye, Baltimore HS</p> <p><b>Room 5W37</b></p>
2:15	<p><b>Health Equity: Panel Discussion</b> <i>Session objectives:</i></p> <ol style="list-style-type: none"> <li>1. <i>Learn about community-based strategies and actions that were successful in addressing health equity</i></li> <li>2. <i>Discuss innovations being implemented to address health equity</i></li> <li>3. <i>Relay example and lessons from community-level efforts to address health equity, especially related to Healthy Start</i></li> </ol>	<p><b>Panelists:</b></p> <ul style="list-style-type: none"> <li>• Dr. Michael Scott, Chief Equity Officer, President and Co-Founder, Equity Matters</li> <li>• Cheri Wilson, Diversity &amp; Inclusion, Cultural &amp; Linguistic, &amp; Health Equity Subject Matter Expert</li> <li>• Dr. Akeda Pearson, Education Consultant Specialist, Light Health &amp; Wellness Health &amp; Wellness Services</li> </ul> <p><b>Moderator:</b> Lashelle Stewart, Baltimore HS</p> <p><b>Room 5W37</b></p>
4:00	<p><b>Day 1 Reflections, Questions, Comments</b></p>	<p>Christopher Lim, DHSPS All Healthy Start Grantees</p> <p><b>Room 5W37</b></p>

**Day 2, August 4, 2017, Friday**

**Skills Building**

9:00AM	<b>Welcome, Day I Recap, Questions and Comments</b>	Christopher Lim, DHSPS  <b>Room 5N54</b>
9:15	<p><i>Concurrent Skills Building Session</i>  <b>Breastfeeding</b></p> <ul style="list-style-type: none"> <li>• <i>Understand the importance of breastfeeding education during the prenatal period</i></li> <li>• <i>To have practical ways to support breastfeeding parents</i></li> <li>• <i>To have tools and knowledge to support breastfeeding parents who are back to work</i></li> <li>• <i>Explore and explain areas of breastfeeding where there are misconceptions</i></li> </ul>	<p>Tannyka Coleman, Baltimore HS            Katy Linda, The Breastfeeding Den            Dr. Kathleen McCue, Metropolitan Breastfeeding</p> <p><b>Moderator:</b>            Joy Twesigye, Baltimore HS</p> <p><b>Room 5N76</b></p>
9:15	<p><i>Concurrent Skills Building Session</i>  <b>Behavioral Health and Substance Misuse</b></p> <ul style="list-style-type: none"> <li>• <i>Part I objectives</i> <ul style="list-style-type: none"> <li>○ <i>Identify the implications of cannabis legalization and cannabis use among pregnant and postpartum women</i></li> <li>○ <i>Identify opiate use and implications on pregnant women and beyond</i></li> <li>○ <i>Discuss cannabis and substance misuse support strategies for women of reproductive age experiencing addiction</i></li> </ul> </li> <li>• <i>Part II objectives</i> <ul style="list-style-type: none"> <li>○ <i>Differentiate the effects of alcohol from other substances used in pregnancy</i></li> <li>○ <i>Describe the effects of alcohol on the developing fetus</i></li> <li>○ <i>Discuss strategies for asking women about alcohol during pregnancies and learn about resources to reduce the risk of an alcohol exposed pregnancy</i></li> </ul> </li> </ul>	<p>Dr. Mishka Terplan, MD, MPH            FACOG, FASAM            Dr. Georgiana Wilton, PhD</p> <p><b>Moderator:</b>            Dawn Levinson, DHSPS</p> <p><b>Room 5N54</b></p>
1:00	<p><b>Barrier Reduction - Examples Across the Region</b></p> <ul style="list-style-type: none"> <li>• <i>This session will be an opportunity for grantees to share barriers and successes their program has encountered in a round table discussion.</i></li> </ul>	<p>All Healthy Start Grantees</p> <p><b>Moderator:</b>            Joy Twesigye, Baltimore HS</p> <p><b>Room 5N54</b></p>
2:00	<p><b>Sustainability &amp; Transition Planning</b>  <i>Session objectives:</i></p> <ol style="list-style-type: none"> <li>1. <i>Identify what each staff member and partner(s) can offer that contributes to the “survivor-ability” of a program, such</i></li> </ol>	<p><b>Panelists</b></p> <ul style="list-style-type: none"> <li>• Kenn Harris, Community Foundation for Greater New</li> </ul>

	<p><i>as Healthy Start;</i></p> <ol style="list-style-type: none"> <li>2. <i>Provide tips for how to leverage your CAN for program sustainability;</i></li> <li>3. <i>Provide historical experience with sustaining their Healthy Start programs for over twenty years and “weathering storms”; and</i></li> <li>4. <i>Project future trends and discuss positioning programs to be better prepared.</i></li> </ol>	<p>Haven</p> <ul style="list-style-type: none"> <li>• Dianne Browne, Camden Healthy Start</li> </ul> <p><b>Moderator:</b> Deborah Frazier, National Healthy Start Association</p> <p><b>Room 5N54</b></p>
3:00	<b>Wrap Up/Questions</b>	<p>Christopher Lim, DHSPS All Healthy Start Grantees</p> <p><b>Room 5N54</b></p>