# Healthy Start EPIC Center Regional Meeting Update



### Healthy Start EPIC Center Naima Cozier





## Purpose of the Healthy Start EPIC Center

Long Term: To create a sustainable, national home for the Healthy Start knowledgebase available to all communities.

## EPIC Center Highlights

- 68% of grantees have received technical assistance
- 51 webinars conducted and archived on the website
- 20 community trainings conducted

Topics include social media/marketing/outreach, motivational interviewing, trauma informed care, reproductive life planning, early language and literacy, and breastfeeding.

- 10 e-learning modules on Community Health Worker (CHW) Competencies
- 42 scholarships to Healthy Start staff to attend a 5-day Certified Lactation Counselor (CLC) training course



#### Resources



#### **Healthy Start EPIC Center**

Request TA | Services | e-News | Contact Us

HEALTHY START

HEALTHY START APPROACHES

TRAINING AND EVENTS

RESOURCES

HEAR FROM YOUR PEERS

ABOUT HS EPIC CENTER

#### Website: healthystartepic.org

- Searchable map of grantees, FQHCs, FIMRs, data
- Searchable database of 160+
  Evidence Based Practices (EBP)
- Online recorded webinars and trainings
- Links to organizations and resource
- Project Management Hub





#### Notable New Initiatives

Screening Tool Implementation: webinars, TA, FAQs on healthystartepic.org

City Mat CH: Save the Date – September 18-20

FASD and Behavioral Health Initiative: webinars, community trainings, and TA/Office Hours available - QUICKSTART



## Healthy Living Initiative

#### Why this Healthy Living initiative?

Everyone - participants and staff - should be supported to be healthy, both physically and emotionally.



#### What the initiative will include:

- 4 part webinar series, topics to include: Taking a Landscape View to Healthy Living, Healthy Eating, Active living, Stress Reduction and Mindfulness
- Community Workshops

Have a story to share? Want to provide input? Join the Grantee Advisory Group! Email healthystartepic@jsi.com or talk to EPIC today.

