

Healthy Start Regional Meeting

Techniques, Tools and Treasures...



May 15, 2015

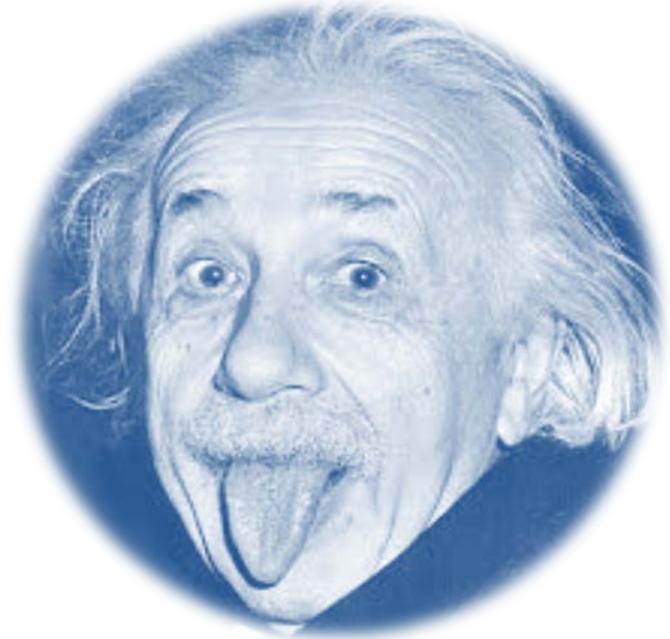
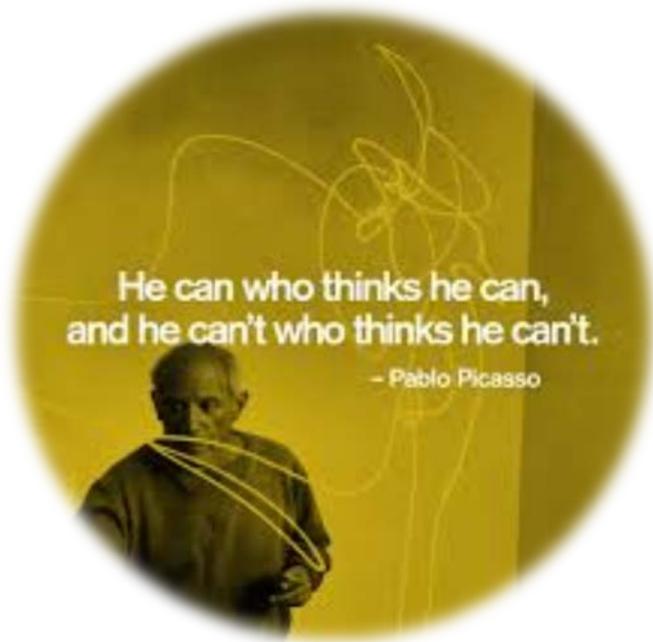
Lisa L. Derrick, M.Ed. BAM

**Maricopa County Department of Public Health
South Phoenix Healthy Start**



Now for something completely different

*We can not solve our problems with
the same thinking we used
when creating them*



*There is a crack in
everything...that's how the
light gets in*

Leonard Cohen

New Opportunities New Thinking



New Opportunities, New Thinking

“a way of living that focuses on finding beauty within the imperfections of life and accepting peacefully the natural cycle of growth and decay.”



Wabi Sabi

Learning to see the invisible



“a way of living that focuses on finding beauty within the imperfections of life and accepting peacefully the natural cycle of growth and decay.”



The Best of the Best

An experience that you felt very alive, very excited about change.

What was it about the situation that filled you with life?

What were the thoughts, feelings, actions that contributed to this experience?



The Appreciative Process



"A way of thinking, seeing and acting for powerful purposeful change within an organization."

Joe Hall and Sue Hammond

It all starts with the right questions

AI

is the search for the best in people, their organizations, and the relevant world around them. In its broadest focus, it involves systematic discovery of what gives “life” to a living system when it is most alive, most effective, and most constructively capable in economic, ecological, and human terms

the art and practice of asking questions that strengthen a system’s capacity to apprehend, anticipate, and heighten positive potential



Appreciative Inquiry

seeks, fundamentally, to build a **constructive union** between a whole people and the massive entirety of what people talk about as past and present capacities:

- achievements, assets,
- unexplored potentials, innovations,
- strengths, elevated thoughts, opportunities,
- benchmarks, high point moments, lived values,
- traditions, strategic competencies, stories,
- expressions of wisdom, insights into the deeper corporate spirit or soul– and **visions** of valued and possible futures.



CI Tools

**Strategic Planning Using Appreciative Inquiry
Techniques**

Collaboration and Coordination Assessment



Appreciative Inquiry Toolkit



What is Appreciative Inquiry?

A way of thinking, seeing and acting for powerful purposeful change within an organization."

Joe Hall and Sue Hammond

Human beings move in the direction of what we ask about.

If we ask destructive, negative based questions—we get negative based answers.

If we ask generative, positively framed questions—we get **inspired answers**.

So let's get inspired!

Bliss Browne
Imagine Chicago Project

Appreciative Inquiry uses a variety of activities focused on:

1. **Discovery**—finding out the best of the best experiences
2. **Dreaming**—imagining what the best might be
3. **Designing**—thinking about ways to construct the ideal
4. **Destiny**—how do we move our shared dreams into reality

We refer to these activities as 4-D activities.

These activities assist our teams and organizations in communicating about ideas and possibilities for our future based on positively or appreciatively framed questions and discussion.

When using **Appreciative Inquiry** techniques, we shift attention away from problem analysis as we know it now to a place where our ideals are lifted up and shared—where we can be most positive and productive and to focus on inspired change for success.

This is the place we need to be as we move forward to co-creating Healthy Start 3.0.

AI Strategic Planning

- Crafting the right questions
- Appreciative Interviewing
- Envisioning Activity
- Developing a Collective Vision
- Authoring Aspiration Statement
- Designing a Plan to Build the “Dream”
- Defining How We Know When We Get There



South Phoenix Healthy Start Community Consortium **Aspiration Statement**

One Community, Many Voices bound by our commitment to inspire others, to educate and empower with the knowledge needed to explore and secure community assets and to create success-based opportunities for our families to move toward living positive, healthy and vibrant lives!

Collaboration and Coordination Assessment Dimensions

Partner Information

Factors that Foster Successful Collaboration

Synergy

Leadership

Efficiency

Administration Management

Resources (Financial, Capital, Non-Financial)

Decision Making

Benefits, Drawbacks and Satisfaction with Participation

Completion of Backbone Objectives

